



5404 W Devon Avenue, Chicago, IL 60646
www.sunfloweracademychildcare.com

Monday
 March 31, 2025

Tuesday
 April 1, 2025

Wednesday
 April 2, 2025

Thursday
 April 3, 2025

Friday
 April 4, 2025

Breakfast F/V: DICED PEARS G/B: TOASTED OATS* 1% MILK	Breakfast F/V: MANDARIN ORANGES G/B: MUFFIN 1% MILK	Breakfast F/V: APPLESAUCE G/B: PANCAKES 1% MILK	Breakfast F/V: APPLES G/B: FRENCH TOAST 1% MILK Other: SYRUP	Breakfast F/V: PEACHES G/B: OATMEAL 1% MILK
Lunch M/MA: Delicious Cheesy Potato Turkey Ham Casserole F/V 1: Diced Carrots F/V2: APPLE G/B: WG DELICIOUS-MADE DINNER ROLL* 1% MILK	Lunch M/MA: Delicious-Made Cheese Quesadilla with Spanish Black Beans F/V 1: Cauliflower F/V2: BANANA G/B: WG Soft Flour Tortilla* 1% MILK	Lunch M/MA: Delicious Three Cheese Pasta F/V 1: Green Peas F/V2: ORANGE G/B: WG DELICIOUS-MADE WHEAT BREAD* 1% MILK	Lunch M/MA: Delicious-Made Beef Nachos Shredded Cheddar Cheese with Spanish Rice F/V 1: Corn F/V2: Pear G/B: WG Corn Tortilla Chips* 1% MILK	Lunch M/MA: Delicious-Made WG Three Cheese Pizza* F/V 1: Broccoli F/V2: Diced Fresh Fruit G/B: 1% MILK
Snack CHEESE CRACKERS 1% MILK	Snack GRAHAM CRACKERS 1% MILK	Snack ANIMAL CRACKERS 1% MILK	Snack VANILLA YOGURT 1% MILK	Snack ANIMAL CRACKERS 1% MILK

(*) Item is WHOLE GRAIN

**ENTREES ARE DELICIOUS MADE (made from scratch)

Our Breakfast and Lunch is catered by **Quality Catering** approved by their Licensed Dietitian.
www.chosedelicious.com



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Monday
April 7, 2025

Tuesday
April 8, 2025

Wednesday
April 9, 2025

Thursday
April 10, 2025

Friday
April 11, 2025

Breakfast F/V: DICED PEARS G/B: TOASTED OATS* 1% MILK	Breakfast F/V: PINEAPPLE G/B: FRENCH TOAST 1% MILK	Breakfast F/V: CANTALOUPE G/B: CORN FLAKES 1% MILK	Breakfast F/V: BLUEBERRIES G/B: OATMEAL* 1% MILK	Breakfast F/V: BANANA G/B: KIX 1% MILK
Lunch M/MA: Delicious beef Meatballs in Gravy with Cilantro Cauliflower Rice F/V 1: Roasted Vegetables F/V2: APPLE G/B: WG DELICIOUS-MADE DINNER ROLL* 1% MILK	Lunch M/MA: Mini Chicken Corn Dogs with Ketchup and Diced Parsley Potatoes F/V 1: Brussel Sprouts F/V2: BANANA G/B: 1% MILK	Lunch M/MA: POTATO CHICKEN TACOS** W/ LETTUCE & CHEESE F/V 1: DICED CARROTS F/V2: ORANGE G/B: WG SOFT FLOUR TORTILLA* 1% MILK	Lunch M/MA: VEGETARIAN BEAN CHILI** W/ STEAMED RICE F/V 1: SAUTEED CABBAGE F/V2: PEAR G/B: WG CORN BREAD* 1% MILK	Lunch M/MA: Hoagie Sandwich: Turkey Salami & Swiss Cheese on Delicious-Made WG Sub Bread with Baked Sweet Potato Fries F/V 1: Cauliflower F/V2: Diced Fresh Fruit G/B: 1% MILK
Snack CHEESE CRACKERS 1% MILK	Snack WHOLE GRAIN PITA CHIPS & HUMMUS 1% MILK	Snack ANIMAL CRACKERS 1% MILK	Snack STRING CHEESE 1% MILK	Snack PRETZEL STICKS 1% MILK

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Monday
April 14, 2025

Tuesday
April 15, 2025

Wednesday
April 16, 2025

Thursday
April 17, 2025

Friday
April 18, 2025

Breakfast F/V: PEACHES G/B: OATMEAL 1% MILK	Breakfast F/V: PINEAPPLES G/B: TOASTED OATS* 1% MILK	Breakfast F/V: BANANAS G/B: FRENCH TOAST 1% MILK Other: SYRUP	Breakfast F/V: APPLES G/B: FRENCH TOAST 1% MILK Other: SYRUP	Breakfast F/V: BLUEBERRIES G/B: OATMEAL 1% MILK
Lunch M/MA: Delicious-Made Lemon Chicken with Au Gratin Potatoes F/V 1: Diced Carrots F/V2: APPLE G/B: WG DELICIOUS-MADE DINNER ROLL* 1% MILK	Lunch M/MA: Delicious-Made Cheeseburger Casserole F/V 1: GREEN PEAS F/V2: BANANA G/B: WG DELICIOUS-MADE WHEAT BREAD* 1% MILK	Lunch M/MA: WG Cheese Ravioli* in Delicious Made Marinara Sauce F/V 1: : Green Beans F/V2: ORANGE G/B: Delicious-Made WG Wheat Bread* 1% MILK	Lunch M/MA: Crispy Chicken Tender Wrap with Shredded Cheddar Cheese and Spanish Black Beans F/V 1: Roasted Vegetables F/V2: PEAR G/B: WG Soft Flour Tortilla* 1% MILK	Lunch M/MA: Delicious-Made WG Chicken Sausage Pizza* F/V 1: Broccoli F/V2: Diced Fresh Fruit G/B: 1% MILK
Snack APPLESAUCE 1% MILK	Snack APPLESAUCE 1% MILK	Snack VANILLA YOGURT 1% MILK	Snack RITZ CRACKERS 1% MILK	Snack CHEESE CRACKERS 1% MILK

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<u>Monday</u> April 21, 2025	<u>Tuesday</u> April 22, 2025	<u>Wednesday</u> April 23, 2025	<u>Thursday</u> April 24, 2025	<u>Friday</u> April 25, 2025
Breakfast F/V: STRAWBERRIES G/B: KIX CEREAL 1% MILK Other: SYRUP	Breakfast F/V: APPLES G/B: TOASTED OATS* 1% MILK Other: SYRUP	Breakfast F/V: PEACHES G/B: BAGELS 1% MILK Other: CREAM CHEESE	Breakfast F/V: BANANAS G/B: FRENCH TOAST 1% MILK Other: SYRUP	Breakfast F/V: BLUEBERRIES G/B: OATMEAL 1% MILK
Lunch M/MA: WG Chicken Nuggets with Delicious-Made BBQ Dip and Baked Sweet Potato Fries F/V 1: BRUSSEL SPROUTS F/V2: APPLE G/B: WG DELICIOUS-MADE DINNER ROLL* 1% MILK	Lunch M/MA: Turkey Hot Dog with Delicious-Made Ketchup and BBQ Baked Beans F/V 1: Broccoli F/V2: BANANA G/B: Delicious-Made WG Hot Dog Bun* 1% MILK	Lunch M/MA: Delicious-Made Macaroni & Cheese F/V 1: Cauliflower F/V2: ORANGE G/B: WG DELICIOUS-MADE WHEAT BREAD 1% MILK	Lunch M/MA: Delicious-Made Three-Cheese Pasta Bake F/V 1: Sautéed Cabbage F/V2: PEAR G/B: WG DELICIOUS-MADE WHEAT BREAD* 1% MILK	Lunch M/MA: Delicious-Made Chicken Meatballs w/ Teriyaki Sauce and Roasted Rainbow Potatoes F/V 1: GREEN BEANS F/V2: MELON MIX G/B: Delicious-Made WG Wheat Bread* 1% MILK
Snack ANIMAL CRACKERS 1% MILK	Snack PRETZEL STICKS 1% MILK	Snack WHOLE GRAIN PITA CHIPS & HUMMUS 1% MILK	Snack RITZ CRACKERS 1% MILK	Snack CHEESE CRACKERS 1% MILK

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<u>Monday</u> April 25, 2025	<u>Tuesday</u> April 25, 2025	<u>Wednesday</u> April 25, 2025	<u>Thursday</u> May 1, 2025	<u>Friday</u> May 2, 2025
Breakfast F/V: PINEAPPLES G/B: CORN FLAKES 1% MILK	Breakfast F/V: BANANAS G/B: OATMEAL 1% MILK	Breakfast F/V: ORANGE SLICES G/B: PANCAKES 1% MILK	Breakfast F/V: PEACHES G/B: WHOLE GRAIN WAFFLES 1% MILK	Breakfast F/V: PEARS G/B: RICE CRISPIES 1% MILK
Lunch M/MA: Delicious-Made Chicken Chop Suey with Steamed Rice F/V 1: Diced Carrots F/V2: APPLE G/B: WG DELICIOUS-MADE DINNER ROLL* 1% MILK	Lunch M/MA: Delicious-Made Cheese Quesadilla on WG Soft Flour Tortilla and Spanish Black Beans F/V 1: Cauliflower F/V2: BANANA G/B: 1% MILK	Lunch M/MA: Delicious-Made Cheesy Potato Meatloaf Casserole F/V 1: Green Peas F/V2: ORANGE G/B: WG DELICIOUS-MADE WHEAT BREAD* 1% MILK	Lunch M/MA: Turkey Hot Dog with Delicious-Made Ketchup and Baked French Fries F/V 1: Corn F/V2: PEAR G/B: Delicious-Made WG Hot Dog Bun* 1% MILK	Lunch M/MA: Delicious-Made WG Three Cheese Pizza* F/V 1: Broccoli F/V2: MELON MIX G/B: 1% MILK
Snack ANIMAL CRACKERS 1% MILK	Snack APPLESAUCE 1% MILK	Snack CHEESE CRACKERS 1% MILK	Snack STRING CHEESE 1% MILK	Snack VANILLA YOGURT 1% MILK

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